



J.H. RYDER MACHINERY LIMITED

First Aid Course Overview

Listed below is the Basic Emergency Program Outline - Core Training Curriculum
one day program

(Twelve people maximum per class)

Role of the First Aid Provider

*Introduction, Class Roster,
Emergency First Aid Care,
Occupational Legislation and First Aid
Forms, Recognizing and Emergency,
Deciding to Help, Personal Safety,
Using Barriers*

Approaching the Patient

*Assessing for Response, Mechanism
for Spinal Injury, Activating
Emergency Medical Services (EMS)*

Basic Life Support

*Basic Life Support Skills, Airway,
Clearing and Protecting the Airway,
Breathing, Circulation, Initial
Assessment, Signs of Circulation,
Unresponsive Patient, Rescue
Breathing for Respiratory Arrest, CPR
for Cardiac Arrest*

Defibrillation

*Sudden Cardiac Arrest, Using and
AED*

Bleeding and Shock

Control of Bleeding, Managing Shock

Choking

Foreign Body Airway Obstruction

Continuous Patient Care

Ongoing Assessment

Caring for Illness

*Warning Signs of Serious Illness,
Altered Level of Responsiveness,
Pain Severe Pressure or Discomfort
in the Chest, Breathing Difficulty,
Shortness of Breath, Severe
Abdominal Pain*

Caring for Injury

*Mechanism for Significant Injury,
Swollen, Painful, Deformed Limb*

Specific First Aid Problems

*Caring for Specific First Aid
Problems, Performing a Physical
Assessment, Obtaining a Patient
History.*

Presenting Specific First Aid Topics

Discussion of various First Aid Topics

****When booking programs keep in mind that groups of three are needed for
scenario practice**

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