



J.H. RYDER MACHINERY LIMITED

First Aid Course Overview

This is a full certificate program. All topics are covered when attending the two-day program. The one-day program involves the underlined topics (Additional items may be covered if time permits).

Topics covered include:

Medic First Aid-Basic Plus: *(Twelve people maximum per class)*

Module One

- Introduction
- Setup and Barriers
- Primary Assessment
- Rescue Breathing
- One Rescuer CPR

Module Two

- Choking Management
- Control Of Bleeding
- Shock Management
- Continuing Primary Circle of Care

Module Three

- Illness Assessment
- Heart Problems
- Stroke
- Allergic Reactions
- Illness Assessment Scenario

Module Four

- Asthma
- Poisoning
- Diabetic Emergencies
- Epileptic Seizures
- Scenario Practice

Module Five

- Injury Assessment
- Fractures and Dislocations
- Head Injuries
- Scenario Practice

Module Six

- Neck and Back Injuries
- Lifting and Moving
- Eye Injuries
- Scenario Practice

Module Seven

- Exposure to Cold
- Exposure to Heat
- Burns
- Electrical Injuries
- Scenario Practice